

Easy Finger Painting

Creating Art at Home with Children



Materials Needed

- Dish detergent,
- Liquid food coloring
- Paper (white, brown paper grocery bags, newspaper, etc.)
- Cups
- Plastic covering for the table

Instructions

- In separate cups, mix food coloring into dish detergent to make different colors of the “paint.” Start with the basic colors: Red, yellow, blue, and green.
- Provide empty cups and more detergent if youngsters want to mix more colors:
 - Red + yellow = orange
 - Blue + yellow = green
 - Blue + red = purple
 - All colors mixed together = brown
- Tell the young painters to use only their fingers for painting. What kinds of different “brush strokes” can they make with their fingers?